



## Attracting Like-Minded, Positive People

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Are you seeking a relationship with a like-minded person who has a positive outlook on life? Have you found meeting this type of individual to be a challenge?

Many of us have this problem! What we don't realize is that we may be encountering such a challenge because *we* are not as positive as we could be.

### Positive People Attract Other Positive People

When you're searching for positive people, you must put your best foot forward to attract them, and this includes showing positivism in your thoughts, words, and actions.

If your expectations, lifestyle, and attitude evoke a positive outlook, you can more easily find the kind of people that share your same views, goals, and interests. They'll be drawn to you because ***positive people purposefully seek out other positive people.***

On the other hand, positive people have no desire to start a relationship with someone who exhibits a sour attitude. So if you're looking for like-minded, positive people, be sure that *you're* like-minded. Be a positive person yourself!

### Free Affirmations Can Help You Meet Positive People

Affirmations can help you view relationships and other people differently so you're a more open and positive source of energy yourself.

When you use affirmations, you'll suddenly become more attractive to the kind of people you're looking for and less attractive to the wrong type of people.

Affirmations can change your life, one thought at a time. Plus, they're free and available to you 24 hours a day!

### **How to Make Affirmations Work for You**

***Free affirmations can work for anyone who makes the conscious choice to change their life for the better.***

For example, if you doubt your ability to attract positive people, you can say, *I am a magnet for rewarding relationships*. Every time you say this out loud, you reaffirm this thought in your mind and you make it your own truth.

You could also use affirmations such as, *I surround myself with positive people, just like me*. Every time you use these affirmations you remind yourself of your goals and activate your mind to behave as a successful person would.

If you have goals of meeting positive people, you simply need to act in a way that will allow you to become more confident in yourself, and the rest will follow.

### **Where Do You Get Affirmations?**

You can find many lists of affirmations in bookstores or on self-help websites. Or you can make up your own! The key is to create affirmations that are focused on the positive and written in the present tense. Affirmations are about the *present*, not the past or future.

It's also important to use statements that most clearly describe the way *you* would like to think or feel in any given situation.

***Words have power because they evoke emotions***, so choose affirmations that evoke the necessary emotions for you to achieve your goals.

When you believe in the power of the statements you repeat to yourself, you enable yourself to change the way you view relationships, the people you attract, and your life.